

Sapos yu bin gat wanpla akaun bipo we wanpla lain i bin brukim na go insait long en. Em impoten long lukautim gut ol stori blong yu na akaun blong yu onlain na pasim rot blong ol narapla lain long ol no ken stilim ol stori na nem blong yu na yusim long kisim helpim blong ol yet.

Hia em tripla liklik toksave blong banisim gut onlain infomesen na akaun blong yu:

1. **Kamapim strongpela paswod** na [two-factor authentication](#) long mekim hat long ol arapela pipel long go Insait long akaun na infomesen blong yu.
2. **No ken lusim tingting long log out** - no ken larim onlain akaun blong yu stap ektiv na yu no yusim, espeseli sapos yu save serim fon blong yu, tablet o komputa wantaim ol narapela. Dispela liklik pasin tasol inap long helpim yu na stopim ol narapela lain long lukluk Insait long akaun blong yu na ol personal stori blong yu.
3. **Setip ap log-in alerts** na bai yu ken save sapos narapla lain i laik traim long go Insait long akaun blong yu.

Strongpela paswod em wanem?

Ol paswod em wei blong lukautim ol stori blong yu na stopim ol arapela pipel long go insait long email blong yu, sosel midia o arapela onlain akaun. Em samting yu yet kamapim na yu ken yusim ol alfabet leta, namba, ol simbol long kibot o olgeta tripela wantaim.

Faipela liklik toktok blong kamapim wanpla strongpela paswod:

1. Hat long ol narapela pipela iken gesim – em gutpla moa sapos em i gat kainkain samting.
2. Em i mas gat 6-pela kain samting, miksim ol namba, leta na ol spesel sain (olsem \$, # o &).
3. Yusim narapla kain paswod blong wan wan akaun blong yu. Long displa wei, sapos wanpla man o meri i save long wanpla paswod blong yu, displa man o meri mas i no ken go insait nating long olgeta akaun yu gat.
4. No ken serim ol paswod blong yu wantaim ol arapla pipel.
5. Yu mas tingim paswod blong yu olgeta taim!

