

## Ham ek positive “digital citizen” kaise sakta rahe?

Jaise asal duniya me kaanuun hai ki aap konchi kare sakta aur konchi nahi, wahi rakam online bhi kaanuun hai. Jab aap online jaata hai, tab aap ek digital citizen ban jaata hai. Iske matlab hai ki skills aur gyaan ke laagu karke jimmedaari se kaam kare ke par'i taaki samjhe sako ki aap online konchi dekhta hai, aur duusar ke sange positive rakam se kaise connect aur baat karta hai.

## Hamaar “digital footprint” konchi hai?

Aapke digital footprint 'aap' online hona, ya duusar words me, aapke digital pahachaan hai. I sab kuch hai jon aap internet pe karta hai. Isme saamil hai email aur message jon aap bhejta hai; jaankaari jon aap share karta hai; websites jon aap dekhta hai; photos jon aap post karta hai; aur aisan chiiz jon aap social media pe like, share aur jispe comment karta hai.

## Ek jimmedaar digital citizen ke naate, aapke chaahi

1. Apan jaankaari ke safe aur protect kare ke liye kadam ut'haao.
2. Dhyaan se share karo aur post kare se pahale socho.
3. Duusar ke baare me socho aur u log ke ijat se treat karo.
4. Aap jon chiiz dekhta hai aur share karta hai, aap kisse, aur kaise connect karta hai, ispe control rakho.
5. Possible khatra ke samjho aur safe rahe ke liye kadam ut'haao.

## Aaj se suru karo

Sab time jab aap koi post, photo ya comment share karta hai, to socho ki aap konchi mangta hai ki log aapke baare me jaane – aur aap konchi nahi mangta hai. I aapke personal jaankaari aur digital footprint ke u log se bachaaye me madad kare sake hai jon aapke khilaaf, ya apan faayda ke liye, iske use kare ke kosis kari.



### Vichaar karna



“Ham soch-samajh ke share karta hai”

### Ijrat



“Ham duusar ke wahi rakam treat karta hai jaise ham khud treat hoye mangta”

### Bartaao



“Ham safe aur secure online practices ke jariye control karta hai”